

# The way of Nibbana

## The ultimate fruit of Buddhist Philosophy (Genuine Theravada canon from Sri Lanka)

### ➤ Objective:

After elapsing of 26 centuries, the ultimate fruit 'NIBBANA' of the Buddhist philosophy looks today a Paradox, a Noun or a distant Reality that nobody could understand being undergone to many distortions in translating into different languages in different ages and different lands. Some Buddhists today condemn other Religions upon the common charge that they believe Gods could never be proven. But do not Buddhists do the same thing, as far as NIBBANA the ultimate goal remained unexplained?

Therefore the sole objective of this 'Empirical Research Study' is to prove what the ultimate goal of Buddhist philosophy is.

This is the 21<sup>st</sup> century 'Age of Knowledge' and mindset of the Global Community has been much improved than that of the past Ages of conflictive and invasive **Religious Nationality**.

Modern world community has accepted that **Biodiversity** is the beauty of a Forest and similarly **Religious & Cultural Diversity** is the beauty of the modern Global Society.

Therefore different religious philosophies must be accepted as valuable **Theories** submitted by different Ages in the **Great Human Civilization**, just like other subject fields such as Science and Politics.

As such nobody is expected at all, to change their Religion or Culture by reading this letter because, **Cultural Diversity** is the most essential quality of **Social Freedom** must be preserved as a beauty.

### ➤ What is the ultimate goal (NIBBANA) of Buddhism?:

The entity of **NIBBANA** is beyond the explaining capacity of **languages** because the entity of first person '**Me & Mine**' is also a fabrication by a **wrong linguistic dimension** out of a physical mirage as LIFE.

Buddha explains it as;

'අස්මි භික්ඛවේ මඤ්ඤිතමෙතං මාරබන්දනං *Asmi Bhikkave Mannathimethan Marabandanan*' (We enter into the LIFE trap by the faulty linguistic dimension of 'Me & 'Mine').

Therefore the wise reader is expected to march along the bellow furnished path to NIBBANA, which is not so long, to see whether you could realize the hidden meaning of it, by yourself. I fervently hope the mankind of the Modern Age is wiser, open minded and more knowledgeable than those who lived in the past.

### ➤ What are the four milestone on the way of Nibbana?:

- 1)-ත්‍රි ලක්ඛණය *Thi lakkanaya*: The three main Properties of LIFE
- 2)-සත්‍ය සතර *Sathya sathara*: The four fundamental Realities of LIFE
- 3)-අරිය අෂ්ටාංගික මග්ග *Ariya atta magga*: The road of eight Milestones to attain NIBBANA
- 4)-පටිච්ච සමුත්පාද ධර්ම *Patichcha samuthpada dhamma*: The mechanism of LIFE

### (1)-Understanding of ‘*Thilakkana*’:

I didn’t find anybody who made an end remark of SATISFACTION of LIFE at the deathbed.

This reluctant sense of NONSATISFACTION about LIFE came to the prince ‘*Siddatta*’ ( son of king ‘*Suddodhana*’ by 6<sup>th</sup> century BC) just by the sight of an aged disabled man, a patient and a dead body consequently in three days, while his visit to the playgrounds with friends. Those sights had made a big difference in *Siddatta*, which led him to understand of the unavoidable three properties of LIFE.

So, it is the most essential first qualification and also the first step for anyone to start the great expedition towards NIBBANA, the exact solution for the suffering nature of LIFE.

Therefore it is of importance to consider that, the expedition shall not be successful for those who don’t fulfill the **first qualification**, realizing of the three qualities of LIFE- ‘*Thilakkana*’-as explained below.

# නිබ්බානගාමී පටිපදා-1 Nibbanagami Patipada



- 1- අනිච්ච Anichcha: LIFE doesn't obey to my WILL
- 2- දුක්ඛ Dukka: LIFE is of unsatisfactory and SUFFERING nature
- 3- අනත්ත Anatta: LIFE is away from my DOMINIUM

LIFE is of suffering nature(*Dukka*) because it doesn't behave on my WILL(*Anichcha*) and the material is not MINE(*Anatta*)

**FIGURE-01**(*Thilakkana* –the first milestone to pass towards the NBBANA enlightenment)

We are so late to understand the reality of LIFE, grasped by a prince at his playful young age and shall we not die to grasp the reality of DEATH?

You must be happy to hear that, you have completed **one fourth 25%** of the pathway towards 'NIBBANA enlightenment' once you grasp the above explained '*Thilakkana*' in depth and let's go then to the next step.

## (2)-Acceptance of the four Fundamentals '*Sathyasathara*':

- 1-දුක්ඛ සත්‍යය *Dukka Sathya*: The unsatisfactory suffering nature of LIFE
- 2-සමුදය සත්‍යය *Samudaya Sathya*: Causality behind *Dukka*
- 3-නිරෝධ සත්‍යය *Nirodha Sathya*: Getting rid of *Dukka*
- 4-මග්ග සත්‍යය *Magga Sathya*: The way to get rid of *Dukka*

You are at the second milestone to NIBBANA by now and you have already understood by heart, what ***Dukka*** is. But you don't understand the other three Fundamentals as yet.

To be frank at this stage, we don't understand; 1)-What is the Causality behind ***Dukka***, 2)-Whether it is possible to get rid of ***Dukka*** and 3)-What is the way to do that?

So how do we proceed to NIBBANA beyond that?

Complete understanding of the three left steps above, means you are **enlightened** to Nibbana at the same time. But those are the deepest realities (principles) in NATURE, away from easy gasping capacity of the human brain.

You might have heard that, the prince '**Siddatta**' had struggled **6 years** in jungles alone, perhaps eating some leaves at his arm's length, in the great desire to grasp the secret of the three realities before his enlightenment as **Buddha**. He succeeded ultimately in the expedition, through hard meditation practices, to find the correct path and the **mechanism** behind the phenomenon of LIFE.

So many people harvested the fruit ever since, but unfortunately today, the exact theory is not available at any of the Buddhists schools due to distortions taken place by translations into many different languages through Ages.

However you, in the 21<sup>st</sup> century, have been fortunate enough to test the real ***Damma*** path towards NIBBANA **enlightenment**, for it has been emerged again recently in the ancient '***Magadhi Helabasa***' language itself, from Sri Lanka.

(Reference-1: <https://www.paramanibbana.com/> )

So, now you don't need hard work to attain the **Enlightenment of NIBBANA** whence the undistorted path had been found. It is just a 'Scientific Subject of a **Philosophy**' and therefore no need at all to get rid of your own **Religion** and the **Culture**.

The only thing you need is, to keep some confidence (***Saddha***-faith) in Buddha to follow the next two milestones along the path shown by him to harvest the fruit of the Theory.

Before entering in to the next step, let us **test** some facts of importance scientifically to check whether the Buddhist Vision of LIFE is right or wrong.

### ➤ **What is the beginning of LIFE?**

You need not to go billions of light years back into the past along light rays to observe the **Galactic Origin** because the phenomenon of LIFE is being continued in NATURE to be observed even at this very moment.





**FIGURE-2**(Evolutionary Cyclic Dynamics of Life (ECDL))

## Believing is continuation of the Unexplained.

EVOLUTION, the phenomenon based on the 'Theory of Natural Selection' of Charles Darwin/19<sup>th</sup> century has explained the biggest part of the 'Cyclic Dynamics of Life' but nobody believes him, because the captured subject extent is scientifically proven by him.

But the entire evolutionary process of LIFE Cycle could not be explained well, unless the theory of 'Soul Evolution' which is driven behind the visible 'Birth to Death Domain' of the stage play is explained. The gap has to be bridged to clear out the point 'how could MAN be so different in talents than other fellow species in the Evolution? Reference-2:

[<http://www.cyrilhtgamage.com/index.php/publication-space-dynamic/87-space-dynamic/173-nature-dynamics-of-life> .]

Buddha/6<sup>th</sup> century BC have declared the Beginning, Existence and End of the natural process, by five Governing Laws of NATURE;

‘පංච නියාම ධර්ම

*Pancha Niyama Dhamma'*

### THE FIVE GOVERNING LAWS OF NATURE:

- 1 ඉතු නියාම *Ithu Niyama*: the law of 'Change of the 'Worlds of MATTER and Life' with Time' (Evolutionary Change)
- 2 වීජ නියාම *Beeja Niyama*: the law of 'Seed Origination Diversity' of LIFE to form Flora & Fauna' (Biodiversity)
- 3 චිත්ත නියාම *Chitta Niyama*: the law of 'Software origination of Mind in Fauna' (Mindset)
- 4 කම්ම නියාම *Kamma Niyama*: the law of 'Earning Rebirth and due future fruits from 'Mind Deposits' (Mind deposits for Future)
- 5 ධර්ම නියාම *Damma Niyamaya*: due Functioning Order of all above 'Nature Dynamics of Life' (Cyclic Dynamics)

Polonnaruwa -Sri Lanka

FIGURE-3 (Nature Dynamics of MATTER, WORLD and LIFE)



Buddhist philosophy was not a Religion to believe by then, but a Science to study and test. The astral bank of *Kamma*( mental deposits) is being grown in fauna, ever since entering into the **Life Cycle** and thence, the visible **physical death** doesn't matter to close the *Kamma* account in the **astral bank**.

- **Rebirth** is offered by functioning of both *Beeja Niyama* and *Kamma Niyama*, in order to continue the *Kamma account*.
- Timely change in the Existence is mostly caused by the physical variation of climatic conditions but Sorrow and Happy periods are drawn to the cash counter periodically by the *Kamma Niyama*.
- The decision making ability in fauna- *Chitta Niyama* bears a 20% of the governing force.
- The end realities of **Life** in fauna and the overall evolutionary changes of the Physical World are governed as per *Dhamma Niyama*.

Then the wise reader would understand that what we observe as LIFE is a stage drama visible only from the 'Birth to Death' domain but the functions are continued behind the screen too.

### ➤ **Why the fruit at Present is not reasonably common for all?**

How could the result be the same for all, if the **astral accounts** made by them in the past are different?

The **initial resources** provided by NATURE for LIFE is adequate to live a good life if fairly shared among all of the **community** (habitat). But the **introvert mentality** in fauna always makes them compete with each other to grab the **bigger portion**.

Grabbing of the bigger portion always makes fauna **HAPPY** at **present** but the bad mental deposits(sin) of that doings is automatically saved to the account(*Kamma*) causing for **SORROW** effects in **future**.

In contrary, if the resources are shared at **present** by **extravert thinking**, the good mental deposits (merits) shall make the **future** **HAPPY**.

- Isn't that the same principle what **Jesus Christ** has declared by the precious sentences '*Love thee neighbors*' and '*Harvest what you sow*'?
- Isn't that the same principle that Muslims exhibits by saving Resources for the society by fasting? It also means to feel and understand the Sorrow of the Poor via an indirect way of a practical demonstration?
- Are we not then the **believers** of the same GOD, if the purview of the **entire governance** of the WORLDS is functioned by a unique mighty hand?

Buddha has declared the three essential qualities in order to improve our lives towards the Happy Zones such as; *Dhana*, *Sheela* and *Bhavana*

**Dhana**:- All of your **doings** by **extravert thinking** to help others, earning of *Kusal*(merits).

**Sheela**:- All of your **refraining** from doings by **extravert thinking**, behalf of others, to earn *Kusal*(merits).

**Bhavana**:- Getting hold of your **Mind** under your control, to earn *Kusal*(merits).

### ➤ How could ‘Good and Bad’ fruits vary from time to time?

The reaction(impact) is **equal**, **opposite** and **instant** as per the physical law of ‘**Action & Reaction**’ defined by **Sir Isaac Newton**/17<sup>th</sup> century.

But in the rotary **cyclic dynamics**, the result comes late. Just for an instant, if some patch of mud is pasted to the wheel of your car, the print could be observed distant away from time to time until it is faded away ultimately.

Similarly only a certain **quantity** of your past deposits is drawn to the **cash counter** at a time, according to the **cyclic motion** of Earth. We are orbiting the Sun, passing 12 star houses annually under the effect of **neighboring planets** too, which are moving on different orbits in the same solar system.

Then you would understand how results varied to bring Good and Bad effects from time to time under the combined effect of aforesaid *Ithuniyama* and *Kammaniyama*.

#### **Note:**

It is not by Buddha, but some ancient scholars had used that Astrological Realities, in several world civilizations in the past such as in, ‘**Indu-Lanka Civilization**’, ‘**Mesopotamian**’, **Arabian**, ‘**Egyptian**’ and **Inca Civilization** etc. As a matter of interest even today, almost all the **Sinhalese** in Sri Lanka, have been given a traditional **birth chart** of positioning of the planets at the birth, called ‘**Kendraya**’ (Horoscope), in addition to their **birth certificate**.

### ➤ Is there an End State for the evolutionary cycle of LIFE?

Yes, there should be an END for LIFE because it had a beginning for individuals and that is the exact fruit NIBBANA what Buddha has shown to us.

There are four states of Enlightenments before ending of the Life Cycle at NIBBANA;



1. සෝතපන්න ඵලය *Sothapanna* Enlightened State:
2. සකදාගාමී ඵලය *Sakadagami* Enlightened State:
3. අනාගාමී ඵලය *Anagami* Enlightened State:
4. අරිහත් ඵලය *Arahath* Enlightened State:

➤ **What are the benefits from the 1<sup>st</sup> Enlightenment-*Sothapanna*?:**

If we go to the afore explained **ECDL** chart in the figure-2, you will be promoted to the ‘**Happy-Happy**’ zone there, with a **limitation** not to exceed **07 more Rebirths** only in either **Supreme Humanity, Earthly Heaven, Medium Plane Heaven & the Supreme Plane Heaven**.

At the same time with the *Sothapanna* Enlightenment, you could hear sound closing of the Gate Entrances to the 04 *Sathr apaya* planes in the ‘**Sorrow-Sorrow**’ zones forever for you. The most remarkable feature of the state is, you could never go back from the liberation path towards NIBBANA.

➤ **What are the benefits from the 2<sup>nd</sup> Enlightenment-*Sakadagami*?:**

Your Life Cycle is limited only to a single Rebirth in the **Supreme Plane Heaven**

➤ **What are the benefits from the 3<sup>rd</sup> Enlightenment-*Anagami*?:**

No more Rebirths and the Mindset get free also from *Vibhavathanha*(ambition of the future) and attain the fruit of NIBBANA.

➤ **The Entity of the 4<sup>th</sup> Enlightenment NIBBANA:**

***Theravada*** Buddhism aims and demonstrates the way how to attain NIBBANA within this **Human Plane** itself without reserving it as a hope for the future.

There were intelligent human beings even by the time of living Buddha’s Age, who attained the final fruit of NIBBANA enlightenment at the same instant even at work, on the road or while riding , once they realized the mechanism of ‘Life Cycle’ (***Patichcha Samuthpada Damma***).

There are 04 levels of the Enlightenment such as; 1)-**Buddha** ship with incomparable unlimited ***Iddhi*** abilities such as reading others mind, others past rebirths, others future rebirths, visiting at any distant places by sky walking, presence at any places or worlds by the astral body etc. 2)-***Pachcheka* Buddha** ship with limited ***Iddhi*** and no ability in teaching *Dhamma* to others. 3)- ***Maha Arihat*** ship with limited abilities in all the ***iddhi*** sectors & 4)- ***Arihat*** ship with very limited abilities.

No Rebirth of any sort, after the normal death and the real entity of NIBBANA is away from the explaining capability of any languages. Buddha himself made his preaches of NIBBANA in **Magadhi** language.

[**Magga**(path)+ **Iddhi**(enlightenments)=**Magadhi**]

The below furnished stanza describes the real entity of NIBBANA;

**‘ඒතං සන්තං, ඒතං පණිතං යදිදං? සබ්බසංඛාර සමපේ,  
සබ්බපදි පටිනිස්සග්ගේ, තණ්හක්ඛයේ, විරාගේ, නිරෝධේ නිබ්බානං’**

*Ethan Santhan, Ethan Panihithan, Yadidan?; Sbba Sankara Samatho,  
Sabbhupadhi Patinissaggo, Thanhakkayo, Virago, Nirodho: Nibbana.*

It is of **Calm**, it is of sweet **Relief**, How could it be?; **Fabricating** for earnings is stopped, **Deposit** counters are closed, **Cohesiveness** in mentality is gone, **nonattachment**, the **momentum** is lost at the absolute **stillness** of NIBBANA

### ➤ Where we are?

We have successfully passed the first two milestones in the path towards NIBBANA by; 1)-understanding of the **Thilakkana** (the three main Properties of LIFE) & 2)-Accepting of **Sathya sathara** (the four Fundamental Realities of LIFE).

At this stage you must be happy to pass **50%** of the length towards attaining NIBBANA enlightenments. Even though you have not enlightened as yet, the so far achievement has promoted you unto the degree of ‘**Saddassa Kulaputtassa**’ by which your future rebirths are insured to kept away from the ‘Sorrow-Sorrow’ **hell zones** of the aforesaid **ECDL** chart forever.

### (3)-අරිය අට්ඨ මග්ග **Ariya Atta Magga**(Noble 8-Linked Path)

**පඤ්ඤාවන්තස්ස අයං ධම්මෝ නායං ධම්මෝ දුප්පඤ්ඤස්ස  
Pangnavantassa ion dhammo Nayan dhammo duppannassa**

“My teaching addresses intelligence and it is not for fools”-Buddha-

# අරිය අට්ඨ මග්ග

Ariya<sub>(noble)</sub> atta<sub>(8 linked)</sub>

magga<sub>(path)</sub> STEP-3

Linguistic analysis by Maqadhi Helabasa

මග්ග(path) + ඉද්ධි(enlightenment) = මාගධි

සං - developing, fabricating, casting etc.

මා - refrain from, stop, avert etc.

දිට්ඨි - visions, views, concepts, beliefs..

සංකප්ප - mental fabrication & modeling

වාචා - linguistic excitation, mirage in words

වෝහාර - Language, mental signature of excitations

නිරෝධ - stop, holt, eliminate, cut off etc.

Rasvehera, Sri Lanka



1. සං මා දිට්ඨි **Sn Ma Ditthi** Refrain from the past Visions
2. සං මා සංකප්ප **Sn Ma Sankappa** Refrain from casting of future mansions
3. සං මා වාචා **Sn Ma Vacha** Refrain from the Mirage of the first person –‘me & mine’- of Language(**Vohara**)
4. සං මා කම්මන්ත **Sn Ma Kammantha** Refrain from Missions (operations)- at present
5. සං මා ආජීව **Sn Ma Ajeeva** Refrain from habitual Customs (ඥාපාන **Sheela Vrutha**)- at present
6. සම්මා වායාම **Samma Vayama** Correct Effort [ brainy but not bodily]
7. සම්මා සති **Samma Sathi** Correct Meditation(**Bhavana**) [via **Samudhaya nirodha**( eliminating of the internal causation to stop the impact by external signals) but not by **Sangna Nirodha**(eliminating of the effect by external signals)]
8. සම්මා සමාධි **Samma Samadhi** Correct Enlightenment [via **Vipassana Samadhi**(thro **Patichchasamuthpadha Dhamma** for **Pangna Vimucthi** of **NIBBANA**) but not via **Samatha Samadi**(for enlightenments of **Chetho Vimucthi**)]

FIGURE-4(Road map to NIBBANA Enlightenment)



### Special Note:

The wise reader must understand by now that at this stage we have passed 75% in the *Nibbanagami Patipada*-(the way to the NIBBANA enlightenment). There are enough evidences to prove in the Buddhist literature that some intelligent individuals attained the *Sothapanna* enlightened state in passing of the 2<sup>nd</sup> milestone. Let's study the case of **Kolitha** and **Upatissa**, who were promoted lately by Buddha, as the two greatest *Arihath Bhikku* disciples by name **Moggallana** and **Saripuththa**.

The two friends *Kolitha* (from a respectable family of **Deva** tribe) and *Upatissa* (from a respectable family of **Brahmana** tribe) went together to watch a stage play named '**Giragga samagga** (tale of the mountain forest)'. The tale, ended by death of the prince, had made a big difference in the two youngsters however and most probably they could have understood '**Thiakkana**', the first qualification towards the Enlightenment, and ultimately agreed to explore for the **truth** (meaning) of the LIFE.

Meantime one day, *Upatissa* observed a *bikkhu* of different calm disciplines relaxing under a tree. He approached the *bikkhu* (Assagi enlightened *thero*-one of the first five disciples of Buddha) and questioned what your discipline is. The *thero* answered shortly as;

'යෙ ධම්මා හෙතුපපභවා තෙසං හේතුං තථාගතෝ ආහ,  
තෙසංච යො නිරෝධො ච්චං වාදි මහා සමණෝ' *Ye dhamma Hetuppabhava  
thesan hetun Thathagatho aaha, thesancha yo Nirodho evan vadi Maha  
Samano.*

("If the presence of **EXCITATION** (the unpleasant phenomenon of **LIFE**) is caused by **REASONS**, they too, could be **eliminated**. -It is my discipline- teaching of **Buddha**")

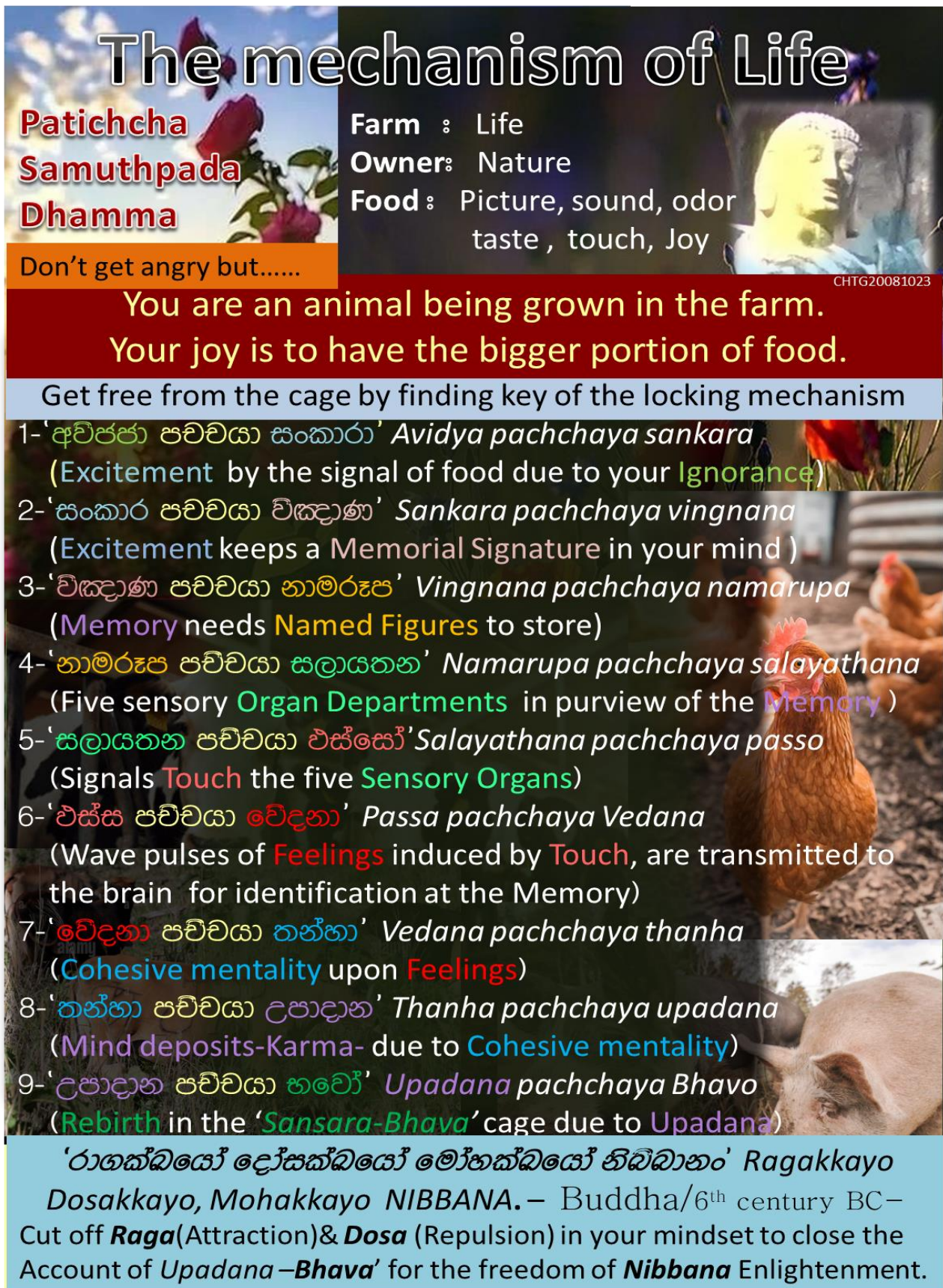
At the very instant of hearing of that **extremely summarized** truth, the wise playful youngster *Upatissa* attained the first degree of NIBBANA - '**Sothapanna** Enlightenment'

Then he rushed to meet his best friend *Kolitha*, and hurried to tell him the ever heard happiest news of the **truth**. By hearing of the brief, by the tongue of his enlightened friend, *Kolitha* too attained the '**Sothapanna** Enlightenment'. As per the Buddhist literature, the enlightened friends visited Buddha, became monks and lately attained the **Maha Arhath** ship attaining of outstanding uncommon **Iddhi** skills too, to be the two 'second in command' among all the disciples by names **maha Sariputta** (*Upatissa*) and **maha Moggallana** (*Kolitha*).

There are many other incidents too in support that, *Nibbana* enlightenment is not a myth but a practical reality could be achieved, if the **WISDOM** in individuals is awakened.

**(4)-පටිච්ච සමුත්පාද ධම්ම Patichcha Samuthpada Dhamma**





**FIGURE-5** (*Patichcha Samuthpada Dhamma*- Mechanism of the Life Cycle)

There are enough evidences in the Buddhist Literature that, some intellectuals got NIBBANA enlightenment at once by hearing of a single stanza from Buddha, perhaps on the road(hermit *Darucheera*) and perhaps on the royal tusker's back(king *Santhathi*) etc. by awakening of ISDOM in them.

Buddha has also declared then a disciplinary *Dhamma* path also for those who find it is difficult to get enlightened.

The following two *Dhamma* extents support to get the off driven Mindset back onto the correct path towards realizing of ***Patichcha Samuthpada Dhamma***;

- **සතරකමටහන් *Sathara kamatahan***(four steps to reestablish the mental concentration directly towards NIBBANA ):
  - 1-මෙත්තානුස්සති **Mettanussatiya** –Spreading of goodwill mentality towards the others
  - 2-අසුභානුස්සති **Asubhanussatita** – Concentration of the un-satisfactory and suffering nature of LIFE
  - 3-මරණානුස්සති **Marananussatiya**- Concentration of the repeated functioning of 'Death & Rebirth' phenomenon of LIFE
  - 4-චුද්ධානුස්සති **Buddhanussatiya**- Concentration of the break down analysis of the mechanism of LIFE(***Patichcha Samuthpada Dhamma***)
  
- **සතර සතිපට්ඨාන *Sathara Sathipattanaya***(four meditation streams to improve **mindfulness** required for NIBBANA enlightenment;
  - 1-කායානුපස්සනා *Kayanupassana* -Catch holding of the running away mind, to keep at arm's length at Present, by concentrating on the **Body** at walking or inhaling & exhaling.
  - 2-වේදනානුපස්සනා *Vedananupassana* –Catch holding of the running away mind, to keep at arm's length at Present, by concentrating on **Body Feelings**.
  - 3-චිත්තානුපස්සනා *Chittanupassana* - Catch holding of the running away mind, to keep at arm's length at Present, by concentrating on **dynamic behavior** of Mind.
  - 4-ධම්මානුපස්සනා *Dhammanupassana*- Directing of the concentrated mindset, to comprehend the ***Patichcha Samuthpada Dhamma***.

Mankind born in this Age is fortunate enough to have the genuine undistorted Philosophy of NIBBANA, from Theravada Buddhist Literature saved through 26 centuries in Sri Lanka.

It is a well-known fact in the literature that thero *Ananda* had questioned Buddha at his final preach-‘*Maha Parinibbana Sutta*’-a moment before the Enlightened One’s *Parinibbana*;

“Oh! Buddha, the bikkhus who do hard practice of meditation in either jungles(*Rukkamoola*) or lonely places (*Shunyagara*) in the sole desire of attaining NIBBANA enlightenment, returned to you back sometimes to get correct directions to clear out their mistakes. But Oh! Buddha, after your *parinibbana*, how could they be helped in clearing off their theoretical mistakes?”

Thence Buddha, the enlightened one replied;

“ චත්තාරිමානි ආනන්ද *Chattari mani Ananda*, සද්ධස්ස කුලපුත්තස්ස *Saddassa Kulaputtassa* දක්කනියානං *dakkaniyanan*, සංවේජනීයානං *sn-vejaneeyanan* ධානං *thanan*, කතමානි චත්තාරි *kathamani chattary*”.

There are four locations Ananda, those who are devotedly seeking the path to Nibbana are helped to **sense it in mind** after my *parinibbana*. The four sacred places **situated on a single line at equal distances** are; 1)-Buddha’s birthplace (*Lumbini*), 2)-The place of Buddhas enlightenment (*Buddhagaya*), 3)-The place of Buddhas first *Dhamma* sermon (*Isipathana*) and 4)- The place of Buddha’s *Parinibbana*(*Kusinara*).

විඤ්ඤාණ ශක්ති (*Vingnana shakthi*) the residue energy of the **Astral Mind of Buddha** is said to guide the minds of සද්ධස්ස කුලපුත්තස්ස (*Saddassa Kulaputassa*) interested individuals towards NIBBANA enlightenment.

Cyril Hemachandra Thalpe Gamage

[www.cyrilhtgamage.cpm](http://www.cyrilhtgamage.cpm)

-----28-11-2023

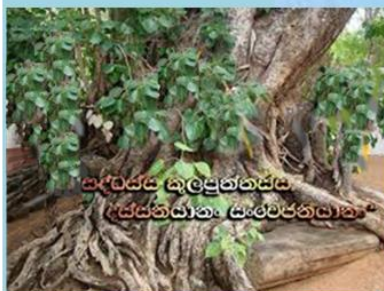
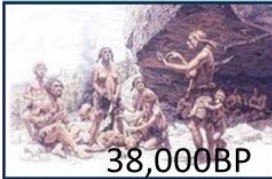
Buddhist philosophy was not a Religion but a Science to follow to harvest the fruit of ‘Eternal Relief’ from the LIFE trap, at NIBBANA



**Siv(four) +Hela(mountain range)=Sivhela=Sinhala**

**Aadi (ancient) +Manava(man) =Adimana => Adam**

- **Adams peak**
- **Adams bridge**



- 1- Central Hela
- 2- Habaragamu Hela
- 3- Royal Hela
- 4- Uva Hela

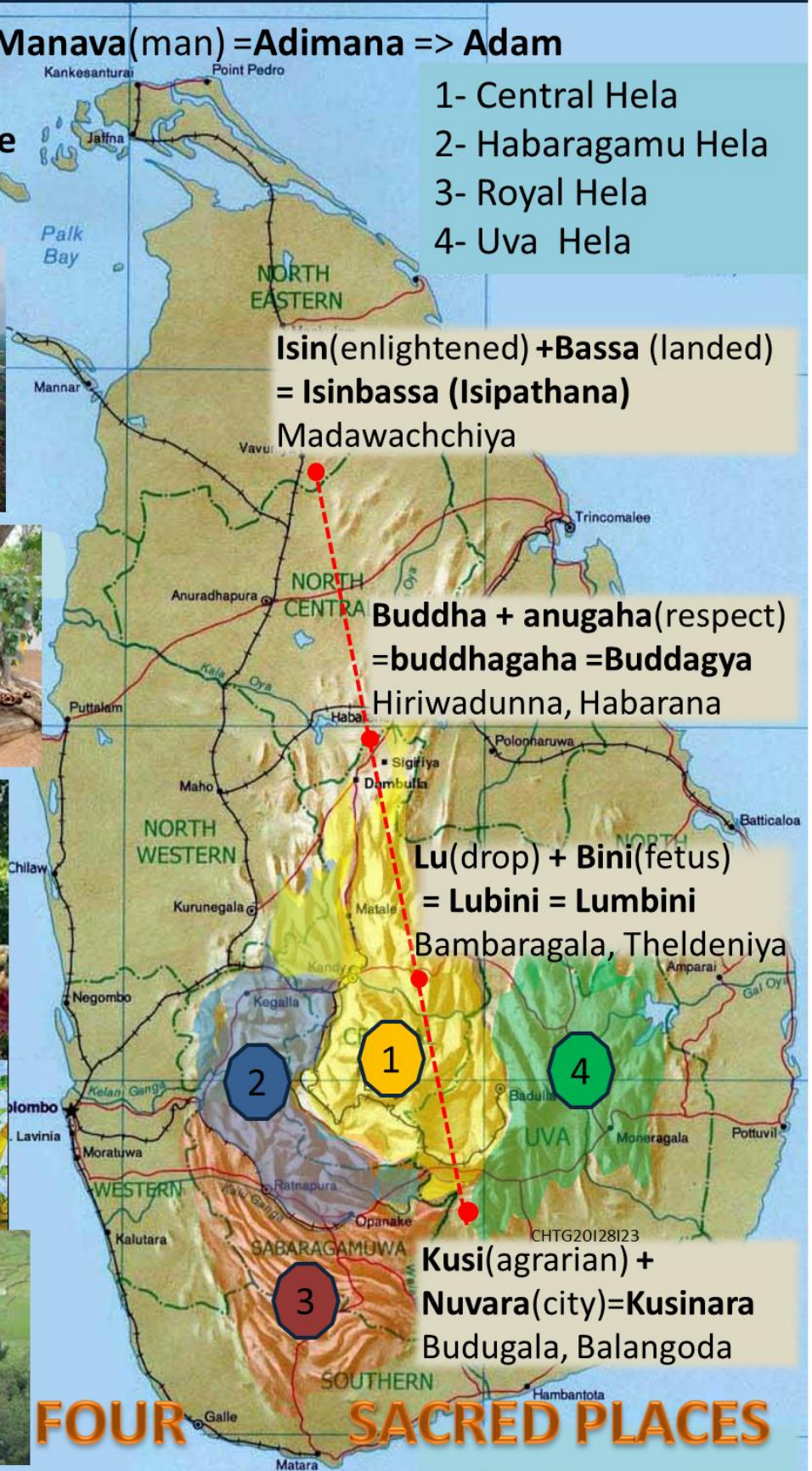
**Isin(enlightened) +Bassa (landed)  
= Isinbassa (Isipathana)  
Madawachchiya**

**Buddha + anugaha(respect)  
=buddhagaha =Buddagya  
Hiriwadunna, Habarana**

**Lu(drop) + Bini(fetus)  
= Lubini = Lumbini  
Bambaragala, Theldeniya**

**Kusi(agrarian) +  
Nuvara(city)=Kusinara  
Budugala, Balangoda**

**FOUR SACRED PLACES**



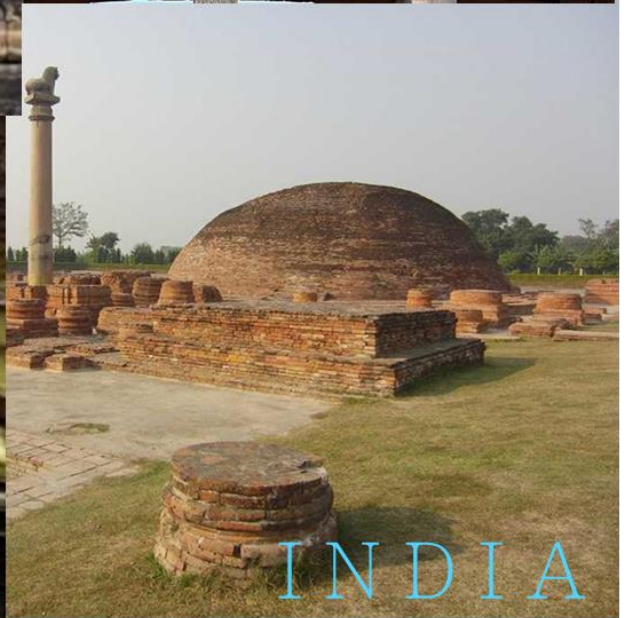




# BUDDHIST CULTURE

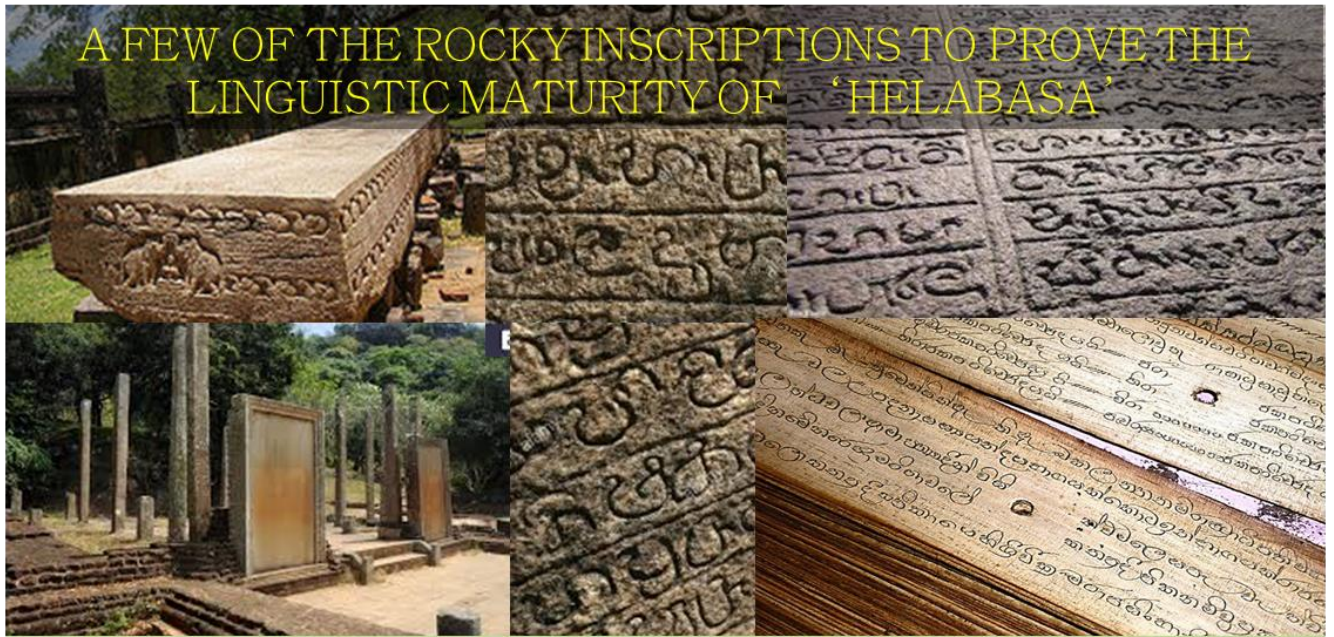


SRI LANKA



INDIA





English ஒத்திசை	<5000 BP Helabasa Brahmi Source கேலாபாச / ப்ராஹ்மி அக்ஷரம்	<2600 BP Magadhi Helabasa மா஘தி கேலாபாச	P Present Sinhala வர்த்தமான் கிணைல் கிச	P Tamil (Dravida) வர்த்தமான் கேலெல் கிச	P Hindi கிண்ட் கிச	<2500 BP Sanskrit கண்டகாச கிச	≈2300BP Pali பாலி கிச	Arabic அராபி கிச
a	𑀲	अ	අ	அ	अ	𑀲	अ	ا
ā	𑀳	आ	ආ	ஆ	आ	𑀳	आ	اِ
i	𑀺	इ	ඉ	இ	इ	𑀺	इ	ي
u	𑀻	उ	උ	உ	उ	𑀻	उ	و
ū	𑀼	ऊ	ඌ	ஊ	ऊ	𑀼	ऊ	وِ

'Helabasa' is the language of 'Indu-Lanka Source Civilization' as per the inscriptional evidences found in India, Lanka and south Asian countries