

# Theory of NIBBANA Enlightenment

Nobody is expected to change the religious beliefs or traditional customs by reading this letter because **Cultural Diversity** is the most essential beauty of **Social Freedom**

## OBJECTIVE:

After elapsing of 26 centuries, the ultimate goal 'NIBBANA' of Buddhist philosophy looks a distant reality or a paradox that nobody could understand, being undergone to so many distortions by translations into different languages, in different ages & in different countries.

Prime objective of this experimental thesis is therefore, to unveil the hidden theoretical path towards the 'Nibbana Enlightenment', behalf of uplifting KNOWLEDGE and intrinsic WISDOM of the Modern Global Community.

## INTRODUCTION:

How did I found the reality of the *Nibbana Enlightenment*?

1. Archeological findings always prove the History of a dead Civilization lived in the Land of investigation, in the past. The independent lengthy exploration launched by me upon archeological bases, helped me only to trace the period and the land of Buddha but away from the main objective to find the hidden theory, *Nibbana Enlightenment*, which is of immense importance to the world at present.
2. Available Buddhist Literature in mainly two canons such as **Theravada** and **Mahayana** helped me much in the exploration, but *Nibbana* entity remained as an unsolved paradox as yet.
3. I suspected finally that, Buddha's language might have been really dead after elapsing of 26 centuries, or unless the prevailing old texts available in our hands could have been weak translation which provide no adequate linguistic provisions to direct understand.
4. Ultimately I was so lucky to trace Buddha's genuine language by which the theories '*Dhamma*' had been declared, by the 6<sup>th</sup> century BC. The language was known as '*Magadhi Helabasa*' being a further evolved version of the ancient '*Helabasa*' during the period of living Buddha. Therein I could achieve proficiency in linguistic constructional skills of that ancient language '*Helabasa*' to solve the paradox of *Nibbana*.

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5. The language itself then guided me into the exact past, passing 26 centuries, to realize the distortions done to the genuine theory in the medieval ages by some priests who were not real scholars or enlightened ones. {Enlightenment means nothing else but the 'Realization of the REALITY' which status is privileged by NATURE}.
6. '**Mother Tongue**' of a person is a miracle which could raise intrinsic wisdom to draw hereditary past knowledge perhaps thousands of years late, in the Evolutionary process, stored genetically in cells hidden in the 4<sup>th</sup> Dimension.
7. **Sinhala**, being my mother tongue and also coincidentally being the direct descendent of the *Magadhi Helabasa* language, I was privileged with a special ability to detect, where the genuine theory of *Nibbana* had been hidden in the preceding translations. {Not only the theory of *Nibbana* but also the knowledge to sense how the ancient names still in usage of some nations, languages, provinces, villages, rivers, mountains and surnames of people etc. in almost all the countries in Asia where influence of *Helabasa* of *Brahmi* letters, had been spread. (Reference-1: *Helabasa*, Reference-2: Indu-Lanka Hela Mountainous Civilization) }.
8. 4<sup>th</sup> Dimension has not yet defined even by any Modern Sciences, but I could observe it as the infinite Distance towards the Absolute Zero to be reached with 'Scale Drops' into the center of the ROOT of the known Cartesian 3D Frame. {mathematicians go away up to plus & minus infinities from the Root in three perpendicular axes X,Y & Z, while the 4<sup>th</sup> dimension remains within the Root itself, though your scale is too big to realize(Reference-3: Scalar Consistency of Matter). But Scientists use the 4<sup>th</sup> Dimension moreover without knowledge of where it is. Where do you store your software data unless in the Root Space? Can your mathematics store data in the (+) or (-) infinities of the 3D-Cartesian frame? }
9. Linguistic analysis to define the terms *Helabasa* and *Magadhi* ;  
හෙළ**Hela**(mountain)+බස**Basa**(language)=හෙළබස**Helabasa**(mountaineer's language)  
මග්ග**magga**(path)+ඉද්ධි**iddhi**(enlightenment)=*magga iddhi*= මාගධි**Magadhi**  
(linguistic path to be enlightened)

## DESCRIPTION:

Before entering into the path for *Nibbana* Enlightenment we had better to know what Buddha has declared about the WORLD & LIFE.

### **01- The five Governing Laws of Nature:**

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Buddha, the Philosopher and the great Scientists who lived by the 6<sup>th</sup> century BC, has declared five governing principles in NATURE to describe the World Entity of MATTER and LIFE such as;

1. ***Ithu Niyama*** ඝාතු නියාම: Change of the world of MATTER(with life) against TIME.
2. ***Beeja Niyama*** බීජ නියාම: Seed origination of LIFE (flora & fauna) in the natural process of 'Biotic Evolution-Darwin'.
3. ***Chittha Niyama*** චිත්ත නියාම: Origination of MIND(the software) in the BRAIN(the hardware) in Fauna in order to select the direction.
4. ***Kamma Niyama*** කමම නියාම: Origination of LIFE CYCLE for Fauna, by mental deposits into the memorial bank(*Vinnana* විංඤාණ) to earn rebirths after deaths in the cyclic process of the 'Soul Evolution-Buddha'.
5. ***Dhamma Niyama*** ධම්ම නියාම: Due functioning Order of NATURE.

Aforesaid five governing laws of NATURE are so profound that it describes not only the PRESENT but also the PAST and FUTURE too, of the phenomenon of LIFE.

- 'Biotic Evolution' via 'Natural Selection':-

Charles Darwin was the first Scientist who has practically proven 'Biotic Evolution' via principle of 'Natural Selection'. If we look deeply into the above laws 1, 2 &3, you would understand that, the hidden Past of the 'Evolutionary Process happened on Earth' as experimentally submitted by Darwin, is strongly supported by Buddha's declaration.

{But Darwin's Evolution is rejected by majority of even the Modern Community too, because mainly, due to the vast difference exhibited today between Man and Animal in talents. See how Buddha's 'Soul Evolution' principle heals the vast gap between Man & Animal by the Seniority gained by entering into the everlasting 'LIFE CYCLE'}

- 'Soul Evolution' via 'Self Selection':-

Buddha was the first Philosopher to submit the principle of 'Soul Evolution භවපරිණාම' via principle of 'Self Selection( *Chittha Niyama*)' to describe the entire evolutionary march of Fauna via CAUSATION based on the five above Governing Laws.

Buddha has declared that the HUMANITY is the Terminal(turning point), of ultimate maturity in the biotic evolutionary process of Fauna, to select the path

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towards GOOD or BAD to function the promotional & demotional criteria, in the 'Nature Nursery of Life' .

MAN has earned the state of 'Self Selection' at the special grade Terminal to turn into either fortunate Divinity or unfortunate Devilry by the merits of his doings(*Kamma*කමම), being deposited into the self memorial bank(*Vinnana*විංකොණ).

'පංච නියාම ධර්ම

*Pancha Niyama Dhamma'*

## THE FIVE GOVERNING LAWS OF NATURE:

- 1 ඉතු නියාම *Ithu Niyama*: the law of 'Change of the 'Worlds of MATTER and Life' with Time' (Evolutionary Change)
- 2 වීජ නියාම *Beeja Niyama*: the law of 'Seed Origination Diversity' of LIFE to form Flora & Fauna' (Biodiversity)
- 3 චිත්ත නියාම *Chitta Niyama*: the law of 'Software origination of Mind in Fauna' (Mindset)
- 4 කම්ම නියාම *Kamma Niyama*: the law of 'Earning Rebirths and due future fruits from 'Mind Deposits' (Mind deposits-*Karma*)
- 5 ධර්ම නියාම *Damma Niyamaya*: due Functioning Order of the Processes of 'Nature Dynamics' (Universe)

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The due return of '*Kamma*' is not as so instant as, Sir Issac Newton's law of 'Action-Reaction' in applied linear dynamics, but it comes late, as per the '*Ithu Niyama* ඉතුනියාම' (*seasonal*) cyclic dynamics, wich is so common in NATURE. {ex: Man degregates the ecosystem and the due RETURN is not immedeate for easy understanding but late, to bring adverse effects from the seasonal solar system 'Cyclic Dynamics' in future. Have you ever heard of Astrology(*Nakshatthraya* නක්ෂත්‍රය), the most ancient Scientific Subject to define Man's heriditory store of Fortune, which is drawn to the cashcounter by the Cyclic Solar System dynamics? }

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Those who select to do GOOD for others by sharing the limited RESOURCES, earn merits to deposit in the *Vinnana* විංකල්‍යාන bank, are promoted to get **Devinity** and **Supreme Humnity** in return. In contrary, those who select to do BAD for others by aquring of the limited RESOURCES, in introvert 'Economic Ego', are demoted back into the Evolutionary Process { into Animal plane, unfortunate Human plane, Devilry or the Hell of direct punishing, in order to be GOOD again, through a long term sorrowful experience}

Those who live today, in the unfortunate Human zones perhaps realize the suffering & meaningless nature of LIFE and intend to getrid from the 'Nature Nursery'. But those who are previlaged to live in the fortunate zones, tends to forget GOOD, and moreover fall back again into the unfortunate zones in the Evolutionary Process.

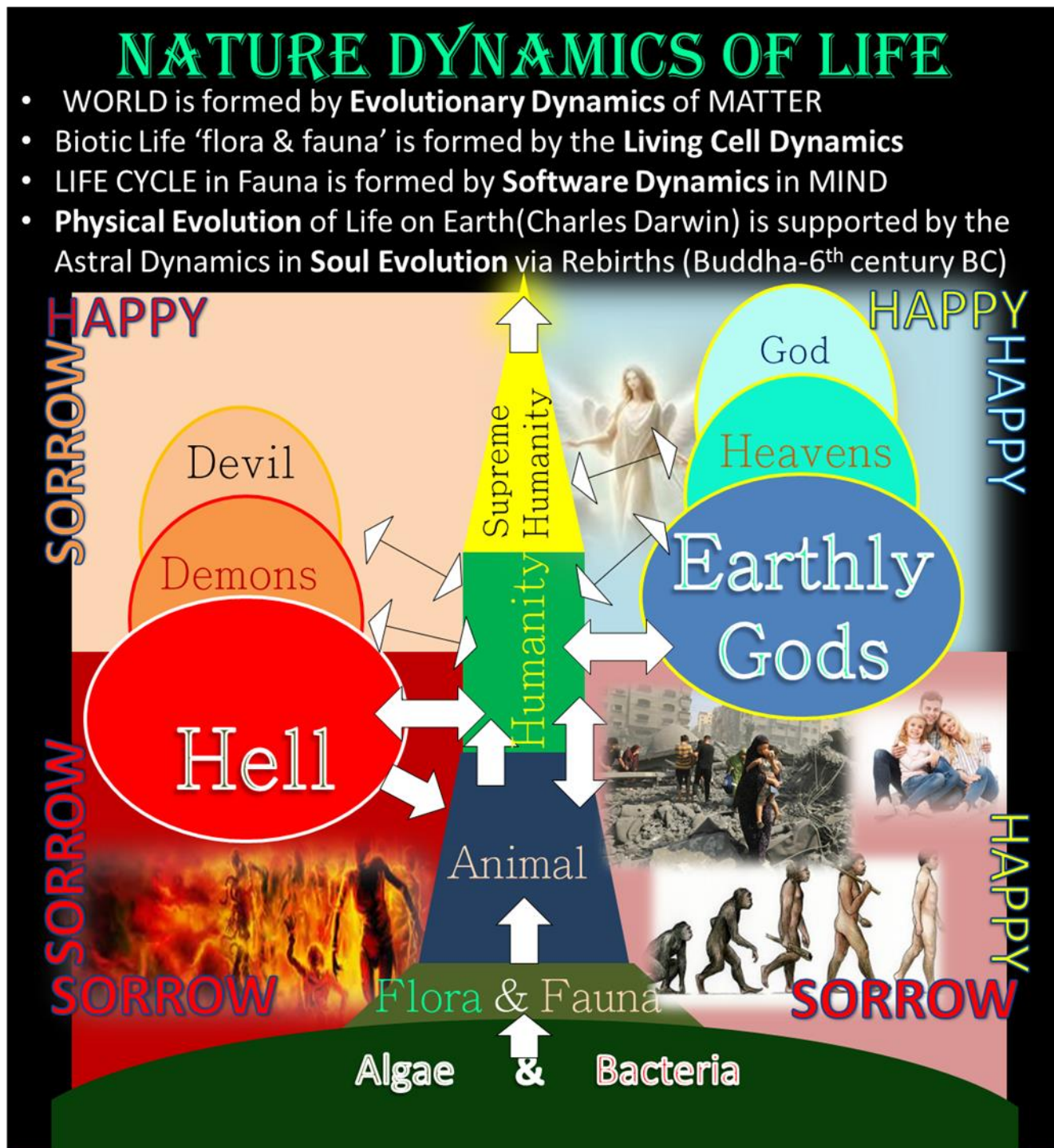
Buddha has declared in '*Sakkapanni sutta* සක්කපණී සූත්ත' that, there is a King GOD(in charge of six heavens & holding of Caretaker ship, over the human civilization on Earth), by name *Sakka* සක්ක(ownership) who's obligation is directing humans towards GOOD, in the good vision of preventing them from due downfall demotions in to the unfortunate zones of sorrow.

In that good vision, God sends selected divine souls from time to time as Messengers to reestablish the Divine Message "LOVE and EQUITY" over the human civilization.

Buddha hood too had been heped by God *Sakka*, in many cases as mensioned in *Jathaka* ජාතක sermons about the previous births of Boddha(as a becoming Buddha=*Bodhisatthva* බෝධිසත්ව). It indicates that Buddha hood too is a natural phenomenon of NATURE, in order to establish the esential EXIT phenomenon from the 'Nature Nursery of Life'.

The ENTRANCE phenomenon into the Life Cycle, had been well explained to the world by the great Philesophic Scientist Charles Darwin.

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NATURE draws 50% HAPPY and 50% SORROW on to the table of LIFE and observes how you play. If you grab the limited RESOURCES via Economic Ego, other than your need for survival, the return shall certainly be Sorrowful by falling into the unfortunate zones of the Nature Nursery of Life.

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So why don't you earn Happiness by sharing the limited RESOURCES with your neighbours? Forget not the Divine Message "LOVE THEE NAIBHOURS".

It is also mentioned in the same *Suttha* sermon that, Life span of the Divine & Devilry planes are much longer (but yet in the same 'Nature Nursery') and they observe perhaps several rises & falls of the Human civilization on the Globe.

But in ***Dhajagga Suttha*** ධජග්ග සූත්ත Buddha explains so clearly that, either the King God ***Sakka*** සක්ක or King Devil ***Mara*** මාර cannot save people from due self-earned Punishments and from the disasters in the 'Nature Nursery'. Further on, Buddha explains with examples that FEAR, cropped up in mind, in Danger or at Disastrous Situations, could never be helped by praying or following the LEADERS of *Ragee* රාඝී (un-enlightened) mindsets.

Therefore we have got to realize that the King God or King Devil doesn't like if Mankind plans any destructive aspects to the 'Environmental Health' of the globe EARTH, because they themselves are also belonged to the World of NATURE. {As Buddha described the status of the Devil *Mara* මාර, he too holds Divine status and Power to rule the governing departments of the devilry}.

Only thing that he doesn't believe at all that, there is a path to exist from the 'Nature Nursery' for liberation. As such, he doesn't like Buddha's theory of NIBBANA of liberation and it is clearly mentioned in the Buddhist literature that *Mara* the King of Devilry came to fight with Buddha at the historic event of the 'Supreme Enlightenment'. But *Mara* was defeated to flee away therein, by ***Mahekantha*** මහීකන්තා (the Goddess in charge of EARTH) sprung appeared behalf of Buddha, by filling the sky with roaring bunches of disastrous lightening strokes running here and there also with thundering earth quakes.

{However it is also mentioned in the Buddhist literature with enough evidences that, ***Mara*** the King Devil himself is not cruel as mistaken by people. As the best proof, one of the two chief disciples of Buddha, named *Moggallana* මොග්ගල්ලාන (earned the greatest enlightenment in the doctoring field of *iddhi pratiharya*-miracals) had held the position of *Mara* by name *Dusi* දුසී in one of his previous births in the Life Cycle. Also in some literal incidences *Mara* had appeared disguised to help some hard meditation practitioners struggling to obtain NIBBANA, by mistakenly without understanding what *Nibbana* entity is}.

[Description furnished in aim of climate setting to comprehend Nibbana is ended up herein].

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Some people in the World, who are matured enough in their Life Cycles, may comprehend that the LIFE offered for us by NATURE, is of meaningless and unsatisfactory nature as a whole. At that maturity, Man tends to search whether there is a supreme state of everlasting inner peace, away from the entire suffering zone of the 'NATURE NURSERY OF LIFE'

By now you are ready to walk through a new path that you never entered before;

THE PRACTISE:

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The four steps to be Enlightened:

- 1-Realization of the **Thilakkana** තිලක්කන (the three notion)---{it is automatically realized by those who are much experienced in seniority, living in the NATURE NURSERY.
- 2-Acceptance of the **Chatthari Sattha** චතුරාරි සත්‍ය---{to accept in faith but realization shall come late at the state of the Enlightenment}.
- 3-March in the path '**Ariya Atta Magga** අරී අට මග' (Noble Eight Linked Path) to be Enlightened -{just a path to walk, but not a lesson to cram or note down for studies}.
- 4-Comprehension of '**Patichch Samutpada Dhamma** පටිච්ච සමුත්පාද ධර්ම' (causation of the self-woven origination) ---{Nature Dynamics of LIFE}.

Description:

### 1<sup>st</sup> step-Realization of **Thilakkana**:

- **Anichcha** අනිච්ච: LIFE deviates from our WILL  
[An අන්(no)+ **Ichcha** ඉච්ච(like)=**Anichcha**(unwilling, unsatisfactory)]
- **Dukka** දුක්ඛ: Life is of suffering & burning nature
- **Anattha** අනත්ත: Materials of ME are not MINE if governed by NATURE  
[An අන්(no)+ **Attha** අත්ත(like)=**Anattha** අනත්ත(Me is not MINE)]

Only the matured ones comprehend the **Thilakkana** . Isn't that unbelievable if a young prince who observe an old man, aside the path to the royal garden, turns

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back abandoning his scheduled play with friends, becoming so deeply pensive about aging, the common nature of LIFE? He did the same, when he saw a dead body, been carried to the cemetery in the next day. Only his beloved wife **Yasodara** could have noticed the difference in him, but never disturbed. Prince *Siddhattha*, the becoming Buddha had left the throne and his beloved ones, in one night for the ever biggest Exploration that a man could do independently, to find the **Phenomenal Causation** behind LIFE.

Leaving his body extremely with no care, he launched the mental experiment during six years in the jungle, by use of the sixth sensory organ MIND විඤ්ඤාණ. Ultimately he succeeded in arising intrinsic WISDOM ප්‍රඥා via CAUSATION to find the secret behind the natural phenomenon, the trap of LIFE.  
{We are so fortunate that we don't have to struggle so much today because Buddha's finding, the 'Theory of NIBBANA Enlightenment' is available in our hands}

## 2<sup>nd</sup> step-Acceptance of the four Realities 'Chatthari Sattha':

- 1- **Dukka Satthya** දුක්ඛ සත්‍යය (It is automatically understood by the majority of people that the LIFE is meaningless and of unsatisfactory & suffering nature)
- 2- **Samudhaya Satthya** සමුදය සත්‍යය (There must be a certain CAUSATION behind the *Dukka Sthya*)
- 3- **Nirodha Satthya** නිරෝධ සත්‍යය (There must be a certain way to STOP the suffering nature of LIFE)
- 4- **Magga Sthya** මාර්ග සත්‍යය (There is a clear path to get rid from the suffering nature of LIFE)

At the end of the 2<sup>nd</sup> step we have got only to accept the four realities about the nature of LIFE, but realization of them shall come with arising of the intrinsic WISDOM if stepped forward on the path called 'Noble Eight Linked Path' for Enlightenment.

## 3<sup>rd</sup> step-Walking forward along the 'Ariya Attha Magga' අරිය මග්ග (Noble Eight Linked Path):

Special note:

Now you are ready to put your feet on the first step of the eight stepped path to get enlightened. The wise reader must comprehend that this is a practical walk to

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realize the REALITY and thence you can safely return back to the normal life, but with a great achievement of Realization of the Reality of the Life Entity, via raised intrinsic wisdom.

## 1- San Ma Ditthi සං මා දිට්ඨි :



The mental study of the 1-D past heritage '*Ditthi*' is called '*Pratama Dhyana*' [*Pratama*ප්‍රථම(first) + *Adhyana*අධ්‍යයන(study)=*Pratamadhyana*ප්‍රථමධ්‍යානය]

Get rid from the PAST(*San Ma Ditthi සං මා දිට්ඨි*)

Definition by Magadhi Helabasa:

**San**'සං'(develop) + **Ma**'මා' (refrain from) + *Ditthi* 'දිට්ඨි' (mental heritage from the past) = **Sanmaditthi**සංමාදිට්ඨි.....Refrain from living in the PAST.

## 2- San Ma Sankappa සං මා සංකප්ප:



The mental study of the 2-D future planning '*Sankappa*' is called '*Dvitiya Dhyana*' [*Dvitiya*ද්විතීය(2nd) + *Adhyana*අධ්‍යයන(study) = *Dvitiyadhyana*ද්විතීයධ්‍යාන]  
**Understanding of how Man always engaged in creating FUTURE mansions by standing on the foundations of the ruined buildings in the PSAT. But fails as it is a 2D-motion.**

Get rid from the FUTURE(*San Ma Sankappa සං මා සංකප්ප*)

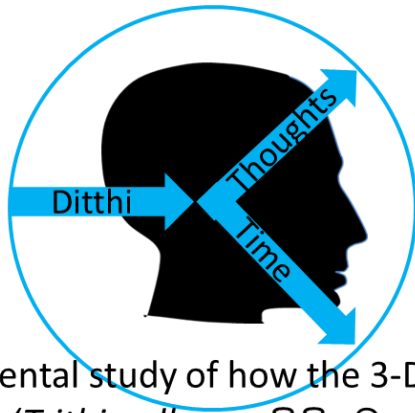
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Definition by Magadhi Helabasa:

**San'**සං'(develop)+ **Ma'**මා'(refrain from) +**Sankappa**සංකප්ප (thoughts of the future)=**Sanmasankappa**සංමාසංකප්ප.....Refrain from living in the FUTURE at present.

At this instant your MIND is free from the mental debris from the PAST and FUTURE as well. Now you are ready with a pure MIND to realize the REALITY of LIFE.

### 3- San Ma Vacha සං මා වාචා:



**Vacha**වාචා(linguistic duality in 'Me & the entity of World')  
Solidity in the unity as ME is built where the three dimensions meet to interact

Mental study of how the 3-D self unit(1<sup>st</sup> person) born by the linguistic duality, is '**Trithiyadhyana**ත්‍රිතීයධ්‍යාන' [**Trithiya**ත්‍රිතීය(third)+**Adhyana**අධ්‍යයන(study)]

Definition by Magadhi Helabasa:

**San'**සං'(develop) +**Ma'**මා'(refrain from) +**Vacha**වාචා(language )=**Sanmavacha**සංමාවාචා (illusion of the duality in ME & Others) .....Refrain from the Ego as ME & MINE created by the language.

Get rid from the linguistic illusion of the duality in ME & Others (**San Ma Vacha සං මා වාචා**)

#### **Description:-**

Ego in mindset is cropped up due to the 3D-Solid Vision(thee self) created by sense of the 1<sup>st</sup> person in your mother tongue as explained above. Therein the practitioner would also understand that, the illusion created by the language(**Vacha වාචා**) itself, is distinguished as the 'First Person'.

The deep understanding of how could the sense of 'ME in the WORLD' built up in you, is known as the "**Trithiyadhyana**", the advance level in the path of ENLIGHTENMENT.

Once the illusion is understood and cut off from the MIND, at the 3<sup>rd</sup> step of the 'Noble Eight Linked Path' of Enlightenment, you are promoted to the degree of '**Saddassa Kulaputthassa සද්ධස්ස කුලපුත්තස්ස**'(faith in the REALITY).

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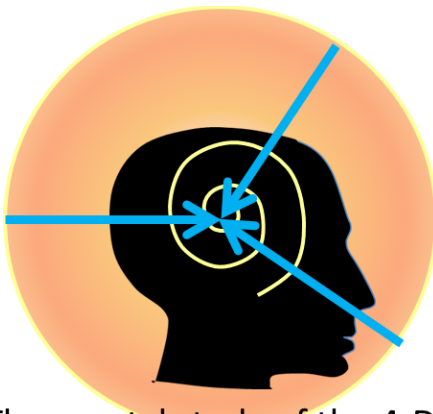
At the same time you would develop some respect of Buddha and his theory(*Dammaධර්ම*). Besides that you would pay some respect for *Sangaසංඝ*(those who acknowledged you of the *Damma*). What are the privileges offered to you by NATURE, with the status of *Saddassakulaputthassa?*;

- I. You would never grab other’s resources upon Economic Ego and instead share your resources too, for wellbeing of your neighbors. As a result God accepts your pass merits for the Heavens after death. [God was addressed by Buddha by the term ‘*Sakkaසක්ක*’ (the Owner)].
- II. You would never kill others upon your Economic Ego and as a result NATURE protects you from killers and from the disasters. [Buddha has described the Power of Nature in many of the sermons and it is named as ‘*Dhamma Niyama ධර්ම නියම*’ one of the five governing laws].
- III. You have already earned Rebirths only in Divinity or Fortunate Humanity and the doors to the four Unfortunate Zones are kept closed for you.

{Who are really qualified to be named as *Sangaසංඝ*? Not all those who learned Buddhism or not all those who wear different cloths & observe different traditional customs. Only those who are really entered and walking in the path of liberation ‘*Ariya Atta Magga*’(Noble Eight Linked Path), are qualified to be addressed as *Sanga*}.}

## 4- *San Ma Kammantha* සං මා කම්මන්ත :

Special note: Raise your intrinsic Wisdom to understand the deep 4D-phenomenon of the ‘Life Cycle’.



***Kammanthaකම්මන්ත* (Mental deposits in the astral memory)**  
 3-D input signals edited to deal by the SELF, are deposited in the Astral bank in the 4<sup>th</sup> dimension, as ‘*Upadana*’ by creating of the ‘Life Cycle’ earning rebirths after deaths.

The mental study of the 4-D dynamics which creates the ‘Life Cycle සංසාර චක්‍ර’ due to the astral deposits(*Upadanaඋපාදාන*) is the 4<sup>th</sup> study named as ‘*Chaturtadhyana*’. [‘*Chaturtaචතුර්ථ(4<sup>th</sup>) + Adhyana අධ්‍යයන(study)*’ =Chathurtadhyana චතුර්ථධ්‍යාන]

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By now you have realized the mechanism how your future rebirths after death are formed by automatic deposition of the picture frames of your doings, into the memorial bank called Vinnanaවිඤ්ඤාණ. {Now you are about to cut off the depositing mechanism by practicing '**Non Attachment**' technique with external signals. In other words you shall not be much Excited by any incoming signals to the MIND through your Brain}.

## Get rid from memorial banking of the mental signature of doings (*San Ma Kammantha* සං මා කම්මන්ත)

Definition by Magadhi Helabasa:

**San**'සං'(develop) + **Ma**'මා' (refrain from) + **Kammantha**කම්මන්ත(mental deposition) .....Refrain from deposition into the memorial bank as *Upadana*.... {*Kamma*(mental signature of your doings)+*Antha*(end)=>*Kamma Antha* =>*Kammantha* =**Upadana** (function of depositing)}

### Description-

Your difficulty to understand the phenomenon of Memorial Banking is reasonable because the 4<sup>th</sup> Dimension has not yet been described even in the Modern Sciences. But Scientists often use it in saving computer data in atomic cells of elements. Saving data in the atomic cell is the same physical phenomenon functioned in your Brain(the hardware). But that store of data is gone with your physical death. Saving data in your 4-D bank(*Vinnana*විඤ්ඤාණ) is going with your SOUL even after the physical death. Then where do you deposit them without housing in the atomic cells?

Buddha has used the term '*Vinnana Watta*විඤ්ඤාණ වට්ට' to mean an '**Energy Vortex**' which is in function about the Brain. The same term **Watta** had been used in several other cases by Buddha to refer Vortex Dynamics.

- 1) **Vi-Watta Chakkawala**විවට්ට චක්කවාල (falling out Galactic Black hole =Expanding Galaxies)
- 2) **San-Watta Chakkawala** සංවට්ට චක්කවාල (falling in Galaxies =Contracting Galaxies)

[*Even the Modern Sciences has not yet defined the difference between the two vortex states in Black-hole dynamics: .....Reference-4(Black-hole Dynamics)*]

MIND is the software to execute the functions in the *Vinnana* Vortex, which is supported by the hardware structure of BRAIN.

Once you realize the mechanism behind the 'Memorial Deposition' of *Kamma*කම්ම(the astral accounts of your doings) to earn 'Life Cycle' in rebirths, you have earned the most advanced degree named as '**Chathurtadhyana**චතුර්තධ්‍යාන'.

At the same instant once you earned the 4<sup>th</sup> Dhyana, if you could also realize how the deposition is made due to **Raga**රාග (Cohesive mental attachment) and **Dosa**දෝෂ(Conflictive mental repulsion) with external **Sangna**සංඥා(signals), then at the same instant you are ENLIGHTENED at the 1<sup>st</sup> milestone of NIBBANA, named as "**SOTHA PANNA** සෝථා පාණ්ණ".

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It is the greatest achievement, the 1<sup>st</sup> milestone, that one could earn in these worlds, towards the NIBBANA Enlightenment, with lots of offered privileges by NATURE.

What are the privileges offered by NATURE(*Dhamma Niyama*) at the 1<sup>st</sup> Doctrine state **Sothapanna**?

- i. You would never earn rebirths in the unfortunate four Hell planes[direct punishing hell(*Niraya*), Devilry plane(*Asura* ), Ghostly unclean plane(*Avatha*) & the **Animal** world] .
- ii. Your 'Life Cycle' is limited only to seven more rebirths, but privileged to have **Fortunate Humanity, Divinity** or **Brahmanity** in order to facilitate for realization of the remaining three milestones in the NIBBANA ENLIGHTENMENT(*Sothapanna, Skkadagami, Anagami, Arihath*)
- iii. You are promoted into the driving **Doer State** of 'SELF SELECTION' to overtake the driven **Subjected State** of Darwin's 'NATURAL SELECTION' phenomenon in the NATURE NURSERY.
- iv. You are allowed to enjoy the LIFE as usual, as per your wish, in the fortunate planes within the NURSERY, but as yet being subjected to the fluctuations of fortune, as per due return from your past *Kamma* deposits.

**'Ananussuthesu Dhammesu අනනුස්සුතේසු ධම්මේසු'** as Buddha explains as the 1<sup>st</sup> enlightened state; 'Hearing of the theory of LIFE which is not heard before' ' **Sotha panna** සෝථා පන්න (Heard to Realize)

If our seniority in the SOUL EVOLUSION process in the nursery, is not adequate to raise intrinsic WISDOM to realize the above 1<sup>st</sup> milestone, never to give up because Buddha declares four more steps in the 'Noble Eight Linked Path' to follow up, in order to get the required maturity no sooner(within the present LIFE itself) via courageous determination;

5- *Samma Ajeeva* සමම ආජීව(Correct discipline):

## Description-

You have got to allocate certain time duration daily to practice *Bhavana* භාවනා(meditation-directional thinking) in the aim of understanding of the REALITY via raising intrinsic WISDOM.

In this task, the prime objective is to realize the CAUSATION behind the phenomenon of LIFE by practicing of Scientific Reasoning and Logical Analyzing via meditation. The other traditional

# Theory of NIBBANA Enlightenment

adaptations such as positioning of the body, color of the cloths, special foods to eat etc. are certainly of minor significance. You can certainly practice the path of Enlightenment even while you are living the normal day to day life.

Meditation means the training of your MIND to concentrate upon the directional path toward Realization of the REALITY.

Religious & cultural customs and virtues through various meaningless Puja, Prayers and other hard behavioral practices etc. bear no significance at all, in Realization of the REALITY.

Buddha says that;

“*Pannawanthassa Iyan-dhammo, Na-yan Dhammo Duppannassa* පංඤ්චන්තස්ස අයං ධම්මෝ නායං ධම්මෝ දුප්පඤ්ඤස්ස ” which means “My *Dhamma* (theories) requires raised wisdom to understand and not for fools”. {*Pannawantha*(wise), *Duppanna*(fool)}

## 6- Samma Vayama සම්මා වායාම: (correct effort)

The TRUTH has to be realized only by correct mental effort but not by any difficult bodily exercises.

Prince *Siddath Gothama* the becoming Buddha had practiced all the difficult bodily behavioral customs even without having any meals sometimes for days, in the jungles to find the truth behalf of the mankind but failed. After elapsing of six years of hard practice, he realized ultimately that the Reality could be gained only by the correct mental effort(Meditation). {Therefore today, we don't have to struggle much, because the correct theoretical path found by Buddha is still available in our hands to understand before it is vanished from the world}

## 7- Samma Sathi සම්මා සතී: (Correct Meditation)

At this particular terminal you have got to select two optional directions of the ENLIGHTENMENT such as 1)-*Samatha*සමන & 2)-*Vidassana*විදුස්සනා.

- ***Samatha Samadhi* සමන සමාධි :**  
Concentration of MIND in the aim of gaining liberation from the 'Life Sufferings' is the prime objective in *Samatha*. Calm stillness in MIND, earned by meditation, brings the happiness in '**Inner Peace**', by the non-excited state from incoming Signals(*Sangna* සංඤා).

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It has to be understood as the feeling of the NIBBANA state while living, without eliminating of the 'Life Cycle'.

## SAMATHA SAMADHI

මොක්ෂය **Mokshya** :- මෝහ **Moha** (ignorance) + ක්ෂය **kshya** (cutoff) = Mokshya (elimination of the ignorance)

නිබ්බාන **Nibbana** :- නා (no) + ඉතිරි **ibba** (terminal) + ආනා **ana** (arrival) = Nibbana (arrival to the state of no terminal)

----Fortune (favorable effects from the five *Niyama Dhamma* (governing laws of Life))

----Misfortune (adverse effect of the five governing laws of the Nature Dynamics)

----Middle path (living with controlled excitement in normal life *Pangna-vidarshaka*)

----Hard practice (committed life not to be excited from incoming signals *Sushka-vidarshaka*)

**MOKSHYA**

Chakka

**NIBBANA**

චිත්තක **Vichakka** :- Not driven by the natural oscillatory curves (*chakka*)

චිතාර **Vichara** :- Not excited to be driven (*chara*) by the effects from *chakka* variations

ප්‍රීති **Preethi** :- Feeling of the relief of inner peace via non excitation in the MOKSHYA

සුඛ **Sukha** :- Living in the relief state of inner peace (*Sanna Nirodha* state)

චීකාග්‍රතා **Ekaggatha** :- Conservation of the Inner Peace.

### Description:

Feeling of NIBBANA relief is great but not safe by living. Till the practitioner eliminates the rigid bonds of the 'Life Cycle', he is also subjected to the due adverse effects from the five governing phenomena. He is not yet safe from **aging, ailments, death & rebirth**.

As the biggest advantage, if the practitioner could continue the 'Enlightened State' up to his natural death, his rebirth ought to be certainly in the fortunate **Brahma Divine** planes of long life spans. {But TIME and WORLD waits for no Brahma and perhaps, there could be no 'Living Earth' remained for their rebirths, whence their *Kamma* deposits are over in the planes of very long life spans}

- **Vidassana Samadhi විද්‍යාසනා සමාධි :**

Those who realized *Thilakkana* තිලකණ in depth, at the 1<sup>st</sup> step, strictly aim the EXIT terminal from the 'Life Cycle' with no hopes at all to remain. In order to break the 'Life Cycle' we have got to understand the **Mechanism** of it. The mechanism is exposed by Buddha as '**Patichcha Samothpada Dhamma**'.

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8- Samma Samadhi සමමා සමාධි: (Correct *Vidassana* Enlightenment)  
Vidassana චද්දස්සනා = Vision of REALITY through analysis of the CAUSATION

## 4<sup>th</sup> step towards NIBBANA Enlightenment :

Understanding of the '*Patichcha Samuthpada Dhamma*'

Special note:

The wisest people realized the REALITY at the 2<sup>nd</sup> step itself. The wiser ones are enlightened before passing the 4<sup>th</sup> milestone of the 'Noble Eight Linked Path' of the 3<sup>rd</sup> step. But we, of average intelligence, are courageous enough as yet and ambitious of obtaining the NIBBANA Enlightenment by understanding of the '*Patichcha Samothpada Dhamma*'.

**Mechanism of Life Cycle**  
**Patichcha Samuthpada Dhamma**

**Farm :** Life Cycle(*sansara*)  
**Owner:** NATURE  
**Food :** Picture, sound, odor, taste, touch, Joy

Don't get angry but.....

You are an animal being grown in the farm.  
Your joy is to own the bigger portion of food.

GET FREE FROM THE CAGE BY FINDING THE KEY OF LOCKING MECHANISM

# Theory of NIBBANA Enlightenment

## Patichcha Samuthpada Dhamma පටිච්ච සමුත්පාද ධර්මය

(Self woven Life Cycle): {*Patichcha*-self woven, *Samuthpada*-creation, *Dhamma*-theory}

- 1- '*Avidya pachchaya Sankara* අවිජ්ජා පච්චයා සංකාරා' (the incoming signals are woven into mental **picture frames** being excited, due to our **ignorance**)  
{*Sankara* -making of picture frames, *Avidya* - ignorance, *Pachchaya* - caused by }
- 2- '*Sankara pachchaya Vinnana* සංකාර පච්චයා විංකාණා' ( **Picture frames** are stored in the **Vinnana bank**)  
{*Vinnana* -memorial bank}
- 3- '*Vinnana pachchaya Namarupa* විංකාණා පච්චයා නාමරූප' (**Picture frames are named** in the **Vinnana Library** for storing into six separate Departments )  
{*Namarupa* - named picture frames}
- 4- '*Namarupa pachchaya Salayathana* නාමරූප පච්චයා සලායතන' ( The six departments of **named picture frames** in *Vinnana*, interact with the five **bodily sensory organs** and one **astral organ**(mind).  
{*Salayathana* - sensory organs}
- 5- '*Salayathana pachchaya Passo* සලායතන පච්චයා එස්සෝ' (**Organs are excited** by the incoming signals ) -----{*Passo* - excitation}
- 6- '*Passa pachchaya Vedana* එස්ස පච්චයා වේදනා' (**Feelings** are created in organs due to **excitation**) ----{*Vedana* - feeling}
- 7- '*Vedana pachchaya Thanha* වේදනා පච්චයා තන්හා' (**Cohesive mentality** is created upon **Feelings**) ----{*Thanha* - cohesiveness in mentality with regard to feelings}
- 8- '*Thanha pachchaya Upadana* තන්හා පච්චයා උපාදාන' ( Deposits are made into the Astral bank as **Upadana** due to **Thanha**) ----{*Upadana* - kamma deposits in the astral bank}
- 9- '*Upadana pachchaya Bhavo* උපාදාන පච්චයා භවෝ' (**Life Cycle** is created to be driven by the **astral bank deposits** ) ----{*Bhava* - Life Cycle with rebirths}

Description:

### 'Yo Patichcha Samuthpada Dhammn passathi so manpassathi

'යෝ පටිච්ච සමුත්පාද ධම්මං එස්සති සෝ මං එස්සති'...Buddha has expressed that, only those who understand '*Patichcha Samuthpada Dhamma*' observe me...

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Now you have realized the mechanism behind the 'Life Cycle'. Then where do you break the 'Life Cycle' to a stop? It is so easy as Buddha explained,

*'Ragakkayo Dosakkayao Mohakkayo Nibbanan'* රාගක්ඛයෝ දෝසක්ඛයෝ මෝහක්ඛයෝ නිබ්බානං' ...Cohesive(*raga*) & Repulsive(*dosa*) mentality, caused by your excitation upon Ignorance(*avidya-moha*) to be stopped via **Realization of the Reality**.

Therefore once you realize the above '*Patichcha Samuthpada Dhamma*', at the same instant your ignorance too is gone not to **attach cohesively** and not to **conflict aggressively** with external incoming signals and thence the everlasting **Life Cycle** is broken without making deposits so further. In other words it is the **middle path practice**(මධ්‍යමපථපද) in behavioral discipline.

## 5<sup>th</sup> step-'Late but living in the 'Fortunate Zones'

Those who are not willing to give up the 'Life Cycle' because of the concrete bonds of EGO, could not be enlightened even passing all aforesaid steps. Buddha has prescribed a promising discipline for them too, to remain at least in the '**Fortunate Zones**' of the '**NATURE NURSERY**' of Life safely until the necessary maturity is developed in their mindsets.

The three steps, that Buddha has prescribed to earn the rebirths in the **Fortunate Humanity** and **Divinity**.

- 1- **Dana** දාන( sharing your resources )
- 2- **Sheela** ශීල( not doing things to affect others )
- 3- **Bhavana** භාවනා( controlling of your thoughts of ego )

As described in the literature, in one of the sermons named '**Sakka Panna**සක්ක පණ්ණි *sutta*, Buddha had been visited once by the **King God Sakka**සක්ක who rules six Heavens and also holds the **caretaking authority** over the Human Civilization on Earth.

God asks Buddha " Tell me Oh the Enlightened Buddha, why Humans could not live in PEACE without always setting WAR against others?"

Buddha replied God by addressing as **Sakka**සක්ක( the Owner), "Not only Humans Oh God Sakka, but all the beings in other living planes also, develop **introvert mentality** of;

- 1)-**Sakkaya Ditthi**සක්කාය දිට්ඨි-Economic Ego(to grab the lion's share of resources),
- 2)-**Machchariya** මච්චරිය-ඉස්සි Envy(jealousy- unwilling to accept other's progress)".

The *sutta* of much interesting facts also reviles that, God's obligation is to establish the Divine Message of "LOVE & EQUITY" over the Human Civilization in the good aim of saving the people from falling victim into the Unfortunate Zones in the NATURE NURSERY.

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According to Buddhist literature, God *Sakka* sends selected matured souls (*Bodhisathva*) from age to age, giving births upon the conditions 1)-Time( *kalaකාලය*), 2)-Country(*deepaදීපය*), 3)-Land(*deshාදේශය*), 4)-Hereditary DNA Origin(*kulaකුලය*) & 5)-Mother(*mathaමාතා*) .

As proven by many examples in Buddhist literature, God's selection runs perhaps far from the Evolutionary Process to find outstanding courageous Souls. Becoming Buddhas (*Bodhisatthvaබෝධිසත්ව*) are helped by God in many cases as described in 550 of *Jathakaජාතක* stories according to Buddhist literature.

Let's consider the precious sayings of **Jesus Crist**;

“**Love thee neighbors**” ...Isn't that the Devine Message?

“**Reap what you sow**”.....Isn't that the Causation?

Has not Jesus Christ completed his duty so committedly to risk even his life ultimately to establish the Divine Message “**LOVE & EQUITY**” in the society?

But what we are doing today as followers? Are we not launching WAR against neighbors upon '**Religious Nationality**' by owning different Messengers sent by **God** in different Ages?

**God is unique over the Globe**, though people addressed him in many different names.

Life spans in Divine, Brahma & Devilry planes are much longer than Humans, as explained by Buddha, and perhaps God observes several '**Rise & Falls**' of human civilizations on the Globe.

Buddha addressed the God in three different names in the *suttha* such as, **Sakka**, **Shakra**(Shiva) & **Vasava**(Vishnu). It is our fault and ignorance to separate the names and to create different identities for God to own, upon un-necessary '**Religious Nationalities**'.

According to the *HELABASA* (language of Adam-ancient man) linguistic analysis, '**Allah**' also means the '**Ownership of hold of the World**'. The custom of 'Fasting' means practicing of the hardship that the poor experiences every day due to lack of food and also to save Resources behalf of others.

**Allaඅල්ලා** = 'Claim for the Hold of the World ' .....even in present Sinhala language which is the direct descendant from the ancient Helabasa, it means catch hold of something to own.

**Adiඅදි**(ancient) +**Manava** මානව(man) =Adimana=>**Adam**අදම් .....{Adams peak, Adams bridge, Adams cemetery, and lots of villages by the same name are there in Sri Lanka to prove the historic Age of the ancient man}

**God and the 'Divine Message' is UNIQUE** though people don't realize the Reality due to their intrinsic introvert Economic Ego and Envy so as Buddha, declared correctly as the main reason why Human beings fail to live in harmony on the Globe in **PEACE** .

Therefore the wise Reader must understand that it is not our **Puja, Prayers** or **Devoutness** but sole commitment to implement “**Love & Equity**” in the society, is the passport to Heavens.

# Theory of NIBBANA Enlightenment

Don't you observe that the march of the 'Modern Scientific Community' deviates away from God, towards **Nihilism**, due to some unbelievable adaptations to Religions made by some extremely devoted foolish followers lately in the mediaeval ages?

Realistically God's CREATION is not the Atoms or Galaxies in the space but the 'Divine Humanity' via giving births to highly matured Souls to spread the precious Divine Message.

Besides that there could be no conflict between **Science** and **Religion** unless you are in the extremist's corner. Scientists must accept that Religion is also a scientific subject to be studied to uplift KNOWLEDGE of immense importance, as the Heritage from the Past.

On the other hand, Religious leaders at present should not march completely away from Science, because at the same phase, the Modern Science Community might walk away from the Religion.

Charles Darwin's EVOLUTION is the Reality in Nature which has been scientifically proven by his theory of 'Natural Selection'. But as you know, it doesn't explain the big difference between the Animal and Man. Then connect it with Buddha's theory of SOUL EVOLUTION to heal the gap by the phenomenon of getting seniority in *Sansara* 'Life Cycle' with rebirths after deaths.

History too must be recognized as a Science of immense importance and let's observe how it supply acceptable solid proofs sometimes to prove facts;



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Science accepts **Cyclic Dynamics** as a natural phenomenon to be observed everywhere in NATURE. **Origin** and **End** are the essential destinations required to satisfy our narrow thinking accustomed with **Linear Dynamics**.

## CONCLUSION:

- CAUSATION is the logical reasoning upon REDUCED facts
- SCIENCE is the logical reasoning upon EXPERIMENTAL facts
- EXPERIMENTATION analyzes only the facts measured by the tools interact with the 5 bodily sensory Organs.
- REDUCTION analyzes all the facts interact with the 6 sensory organs inclusive with MIND
- SCIENCE fails to detect the facts beyond the 3D-Cartesian Frame
- CAUSATION detects the facts even beyond the 3D-Frame
- SCIENCE fails to detect RELIGION and rejects
- CAUSATION detects RELIGION away from the incurred myths, cleans it and accepts.

‘Therefore RELIGION is the deepest SCIENCE to study’

*Ceyhel Thalpe Gamage*

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